

## Coaching for Team Performance

*Cape Town (South Africa)*

*5 - 9 May 2025*

UK Training

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## Coaching for Team Performance

Code: LM28 From: 5 - 9 May 2025 City: Cape Town (South Africa) Fees: 3300 Pound

### Introduction

Coaching for Team Performance is a vital tool for building strong teams and achieving organizational goals. Leaders who focus on coaching create trust, enhance collaboration, and foster individual and team growth.

This course is designed to equip leaders with the skills to motivate, develop, and empower their teams to achieve exceptional results. Participants will learn how to deliver constructive feedback, set clear expectations, and cultivate a culture of continuous learning and accountability.

### Course Objectives

- Understand the role of coaching in enhancing team performance.
- Learn how to build trust and strong relationships with team members.
- Develop skills to deliver constructive feedback effectively.
- Master techniques to set clear goals and expectations for the team.
- Improve communication to enhance collaboration and motivation.
- Identify team members' strengths and areas for development.
- Create personalized development plans for team growth.
- Learn strategies to address performance challenges confidently.
- Foster a culture of continuous learning and accountability.
- Build high-performing teams that achieve exceptional organizational success.

### Course Outlines

#### Day 1: Foundations of Coaching for Team Performance

- Understand the importance of coaching in team performance.
- Differentiate between coaching, mentoring, and managing.
- Explore the principles of effective coaching.
- Assess your coaching style and identify areas for improvement.

#### Day 2: Building Trust and Setting Expectations

- Learn techniques to build trust and rapport with team members.
- Understand the role of psychological safety in coaching.
- Develop strategies for setting clear goals and expectations.
- Align team and individual objectives with organizational goals.

#### Day 3: Delivering Feedback and Motivating Teams

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- Master techniques for delivering constructive feedback effectively.
- Use feedback to encourage growth and development.
- Explore strategies to motivate team members and maintain engagement.
- Identify individual strengths and areas for improvement.

#### Day 4: Addressing Challenges and Performance Barriers

- Learn how to address performance challenges effectively.
- Develop problem-solving techniques to overcome obstacles.
- Practice managing difficult conversations professionally.
- Use coaching to resolve conflicts and foster collaboration.

#### Day 5: Creating a Culture of Growth and Accountability

- Foster a culture of continuous learning and improvement.
- Develop personalized development plans for team members.
- Learn techniques to ensure accountability for team performance.
- Create an action plan to sustain high performance in your team.

#### Why Attend This Course: Wins & Losses!

- Gain the skills to coach teams for improved performance.
- Build trust and strong relationships with your team members.
- Learn to deliver constructive feedback that drives growth and improvement.
- Develop strategies to motivate and inspire your team effectively.
- Set clear goals and expectations to enhance collaboration.
- Foster a culture of accountability and continuous development.
- Strengthen your ability to address performance challenges with confidence.

#### Conclusion

The Coaching for Team Performance course is an essential tool for leaders looking to enhance team effectiveness and drive organizational success. By focusing on trust-building, feedback delivery, and motivation strategies, this course provides the skills to create high-performing teams that achieve exceptional results.

Enroll now to strengthen your leadership skills, empower your team, and drive outstanding performance in your organization!



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**BLACKBIRD**  
FOR TRAINING

 International House 185 Tower Bridge  
Road London SE1 2UF United Kingdom

 +44 7401 1773 35  
+44 7480 775526

 [Sales@blackbird-training.com](mailto:Sales@blackbird-training.com)

 [www.blackbird-training.com](http://www.blackbird-training.com)

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