

How to Take Initiative and Influence Your Team

Tokyo (Japan)

2 - 6 February 2026

UK Training

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Code: PS28 From: 2 - 6 February 2026 City: Tokyo (Japan) Fees: 5700 Pound

Introduction

Taking initiative is a key characteristic of effective leaders and high-performing teams. This course is designed to help individuals develop the skills needed to take proactive steps, influence their teams, and foster a culture of accountability and leadership. Participants will explore the initiative definition, understand what is an initiative, and gain practical tools to enhance their ability to initiate action and inspire others.

This program will provide participants with the insights needed to master strategic initiatives, build credibility, and use team building initiatives to create a motivated and high-performing team environment. Whether in business, defense strategies like the Global Defense Initiative, or corporate leadership, improved initiative leads to innovation and success.

Course Objectives

By the end of the course, participants will:

- Understand initiative's meaning and its role in leadership and professional success.
- Develop strategies to take initiative and lead effectively.
- Learn how to influence your team and build a strategic initiatives team.
- Master techniques for persuasive communication and trust-building.
- Gain confidence in leading without formal authority.
- Foster team initiatives that encourage accountability and engagement.

Course Outlines

Day 1: The Power of Initiative and Leadership

- Initiation and leadership: What does it mean to take initiative?
- Understanding the link between initiative meaning and leadership effectiveness.
- Key traits of leaders who take improved initiative.
- Assessing personal leadership style and identifying areas for growth.

A graphic of a chessboard with several chess pieces. A large gold king piece is in the foreground, with a silver pawn and a silver knight behind it. The text 'UK Training PARTNER' is overlaid on the right side of the board.

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- Overcoming hesitation and fear to act with confidence.

Day 2: Building Trust and Credibility with Your Team

- What is initiative and why does it matter in leadership?
- The foundation of trust: How trust impacts team building initiatives.
- Strategies to enhance trust and credibility in leadership.
- Initiating definition: The role of active listening in leadership and team success.
- Overcoming trust barriers and improving relationships within teams.

Day 3: Influencing Without Authority

- How can a leader influence a team to become high-performing?
- The difference between initiative foundation and authority in leadership.
- Using persuasion techniques and strategic defense initiative approaches.
- Leveraging emotional intelligence to influence decision-making.
- The role of empathy and communication in leading teams without formal authority.
- Practical exercises in influencing and leadership techniques.

Day 4: Motivating and Inspiring Your Team

- The psychology behind motivation and team initiatives meaning.
- Customizing motivation strategies for different personalities.
- Setting clear expectations and establishing performance goals.
- Using positive reinforcement to drive action and commitment.
- Overcoming demotivation and boosting team morale.
- Strategic initiatives team: Structuring teams for sustained performance.

Day 5: Leading by Example and Creating a Proactive Team Culture

- Understanding the initial meaning of leadership through action.

A graphic of a chessboard with several chess pieces. A large gold king piece is in the foreground, with a silver pawn and a silver knight behind it. In the background, there are concentric circles and the text 'UK Training PARTNER' in a bold, black, sans-serif font.

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- Encouraging a culture of initiative foundation and responsibility.
- Delegating effectively to empower and engage team members.
- Providing constructive feedback to promote growth and independent problem-solving.
- Action planning: Implementing what is an initiative in daily work and leadership.

Why Attend this Course? Wins & Losses!

- Develop initiative definition skills to take proactive leadership roles.
- Learn how to influence your team and create a high-performing environment.
- Gain expertise in strategic initiatives team development and execution.
- Build trust and credibility through team-building initiatives.
- Strengthen improved initiative abilities to lead with confidence and authority.
- Foster a proactive, motivated, and engaged team culture.

Conclusion

The ability to take initiative and lead effectively is a crucial skill in any professional setting. Whether you're in business, management, or part of a global defense initiative, mastering what is initiative will allow you to drive change, inspire others, and achieve outstanding results.

Join this course to refine your leadership skills, develop a strategic initiatives team, and take proactive steps toward success!

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