

## Women's Leadership Training

*Cape Town (South Africa)*

*6 - 10 October 2025*

UK Training

**PARTNER**



## Women's Leadership Training

Code: LM28 From: 6 - 10 October 2025 City: Cape Town (South Africa) Fees: 3300 Pound

### Introduction

The Women's Leadership Training is a comprehensive program designed to empower women with the essential skills and knowledge required to excel in leadership roles. Spanning five dynamic days, participants will immerse themselves in interactive sessions, discussions, and practical exercises aimed at enhancing their leadership capabilities, addressing challenges, and fostering their growth in diverse leadership environments.

### Course Objectives

- Explore the unique challenges and opportunities that women face in leadership roles.
- Develop emotional intelligence and the ability to navigate challenges within various professional settings.
- Enhance communication and persuasion skills to lead and influence others effectively.
- Equip participants with strategies for advancing women's leadership within their organizations.
- Foster a deeper understanding of the impact of women's leadership in business, politics, and society.

### Course Outlines

#### Day 1: Women in Leadership

- Understanding the Current Landscape of women in leadership roles.
- Identifying and overcoming barriers to women's leadership.
- Strategies for fostering gender equality and inclusivity in leadership positions.
- The role of women in shaping corporate culture and empowering future leaders.

#### Day 2: Emotional Intelligence for Leadership

- Introduction to emotional intelligence and its significance in leadership.
- Developing self-awareness and empathy to manage relationships and enhance team dynamics.
- How to leverage emotions to make effective decisions and communicate persuasively.
- Harnessing emotional intelligence for better leadership in the workplace and beyond.

#### Day 3: Communication Skills for Effective Leadership

- Effective communication strategies for inspiring and leading teams.
- Building rapport and establishing trust with colleagues and subordinates.
- Mastering public speaking and presentation skills to engage audiences and communicate leadership vision.
- Techniques for active listening and fostering open communication within teams.

#### Day 4: Strategic Leadership in Competitive Environments

A graphic of a chessboard with several chess pieces (a king, a queen, a rook, and a knight) on it. The board is white and black, and the pieces are gold and silver. The text 'UK Training PARTNER' is overlaid on the board.

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- Strategic leadership: Developing and implementing effective strategies for business success.
- Leadership in competitive and high-pressure environments.
- Team management: How to motivate and inspire teams to achieve collective goals.
- Innovation and change management: Leading teams through transformation and promoting continuous improvement.

### Day 5: Women's Leadership in Business: From Vision to Execution

- Empowering women in executive roles: Overcoming challenges to achieve leadership success.
- Developing a personal leadership plan for career advancement.
- Building and executing your leadership vision: From ideation to impactful execution.
- The critical role of women executives in shaping corporate strategies.
- Practical insights on navigating leadership challenges in male-dominated industries.

### Conclusion

This five-day training provides women with the opportunity to enhance their leadership skills through a structured and comprehensive curriculum. Participants will gain valuable insights into emotional intelligence, effective communication, and strategic leadership, enabling them to face leadership challenges with confidence and to inspire meaningful change. By the end of the course, participants will be equipped with the tools necessary for advancing their leadership roles and making a lasting impact in their organizations and communities.

A graphic of a chessboard with several chess pieces (a king, a queen, and a pawn) on it, set against a background of concentric circles. The text 'UK Training PARTNER' is overlaid on the right side of the board.

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