

Planning for Sustainable Urban Development

Lisbon (Portugal)

12 - 16 January 2026

UK Traininig

PARTNER



Planning for Sustainable Urban Development

Code: NC28 From: 12 - 16 January 2026 City: Lisbon (Portugal) Fees: 5100 Pound

Introduction

Sustainable Urban Development is a critical focus in today's world, as cities continue to grow at an unprecedented rate. Urban centers face numerous challenges such as high population density, significant transportation demands, environmental degradation, and resource scarcity. This training course is designed to provide participants with the knowledge and tools to address these challenges through effective planning, development, and sustainability strategies. The course focuses on creating urban environments that are sustainable in terms of living conditions, transportation, climate resilience, and financial viability.

Participants will gain an in-depth understanding of sustainable urban development principles and how to integrate them into urban planning and governance. By learning how to balance growth with sustainability, this course equips professionals with the expertise to design, plan, and manage cities that are ready to meet the future demands of their populations while safeguarding the environment.

Course Objectives

By the end of this course, participants will be able to:

- Assess urban demographics and their influence on planning and development.
- Determine policies to ensure energy security in urban areas and mitigate environmental impacts.
- Chart pathways for sustainable road transport systems that can handle future population growth.
- Recognize the importance of automated rail systems and their role in shaping future urban mobility.
- Develop strategies for ensuring the financial sustainability of urban development projects.
- Understand how to integrate sustainability into urban planning to address climate change challenges and resource management.

Course Outlines

Day 1: Introduction to Sustainable Urban Development

- Cities of the Past and Cities of the Future: A look at how urban centers have evolved and the future of urbanization.
- Housing: How to plan and develop sustainable housing projects that support growing populations.
- Transportation: The importance of sustainable transportation systems and their role in urban development.
- Infrastructure: Strategies for building resilient infrastructure that can withstand environmental challenges.
- Ecology: Environmental considerations in urban planning and the importance of ecological balance.
- Policy and Governance: Understanding the regulatory frameworks that guide urban planning.
- Examples of Sustainable Urban Planning: Real-world examples from cities excelling in sustainability.

Day 2: The Influence of Urban Growth on Sustainability



- Growth Models: Different urban growth models and their impact on sustainability.
- Urban Demographics and Settlement Patterns: The relationship between population growth and settlement development.
- Capacity Planning for Urban Infrastructure: Planning for the adequate capacity of infrastructure to support urban populations.
- Scarcity of Natural Resources: Managing natural resources to ensure their availability for future generations.
- Sustainable Living Environment Planning: Approaches to creating sustainable, livable spaces in cities.
- Dealing with the Remnants of the Past: Addressing legacy infrastructure and its adaptation for sustainability.

Day 3: Economic Sustainability in Urban Development

- Housing Bubbles: Understanding the causes and consequences of housing market fluctuations.
- Risky Models of Urban Development Financing: How to avoid unsustainable financing models in urban development.
- Painful Lessons of Economic Slowdown: Learning from past economic downturns to prevent future financial crises.
- Financial Sustainability of Urban Development: Strategies for ensuring the long-term financial viability of urban development projects.
- Ensuring the Financing of Critical Services: Methods for securing funding for essential urban services such as healthcare and education.

Day 4: Sustainable Mobility

- Sustainable Road Transport: How to design and implement sustainable transportation systems in urban areas.
- Capacity Planning: Planning transportation systems that can efficiently handle increasing demand.
- Parking Issues: Addressing urban parking challenges and planning for parking space availability.
- Reserve Capacity: Planning for unexpected surges in transport demand.
- Rail Transport: The role of automated rail systems and mass transit in urban mobility.
- Water and Air Transport: The integration of alternative transport systems in sustainable urban development.
- Multimodal Transport: Creating interconnected transport systems that enhance urban mobility.

Day 5: Sustainable Urban Development in the Age of Digital Technologies

- Use of Data for Urban Planning: How data-driven insights can improve urban sustainability efforts.
- Development of Smart Cities: The role of digital technologies in creating smart cities that optimize resources and services.
- Simulation for Creating Digital Twins: Using digital simulations to model urban environments for better planning and decision-making.
- Centralized Traffic Monitoring and Control: Implementing smart traffic systems to reduce congestion and emissions.
- Assurance of Compliance: Ensuring that urban development projects comply with sustainability regulations and standards.
- Maintenance Sustainability: Strategies for maintaining urban systems in a sustainable and cost-effective manner.

Why Attend This Course? Wins & Losses!



Attending the Sustainable Urban Development course will provide you with numerous benefits:

- **Expertise in Urban Sustainability:** Gain the knowledge and skills needed to tackle the challenges of urban growth while ensuring sustainability in your city.
- **Improved Urban Planning Skills:** Learn how to design cities that balance growth with environmental responsibility and economic viability.
- **Enhanced Mobility Solutions:** Understand how to create sustainable transportation systems that are essential for the success of any urban development project.
- **Climate Change Resilience:** Equip yourself with strategies to make cities more resilient to climate change and resource scarcity.
- **Practical Tools for Real-World Challenges:** Learn from case studies and practical examples of sustainable urban planning in cities around the world.

Conclusion

The future of our cities depends on our ability to plan and develop them sustainably. By attending this course, you will not only gain the technical knowledge to design and implement sustainable urban planning practices, but also the practical skills to lead projects that ensure urban development is economically viable, environmentally responsible, and socially equitable.

Whether you are an urban planner, city official, or involved in urban development, this course will provide you with the insights and tools you need to contribute to the creation of sustainable cities that can thrive in the face of modern challenges. Don't miss out on this opportunity to become part of the solution for the cities of the future!



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