

The Complete Programme of Health & Safety Management & Measurement

Accra (Ghana)

1 - 5 June 2026

UK Traininig

PARTNER



The Complete Programme of Health & Safety Management & Measurement

Code: HS28 From: 1 - 5 June 2026 City: Accra (Ghana) Fees: 4000 Pound

Introduction

Ensuring health and safety in the workplace is not just the responsibility of one person but of everyone within the organization. This course will provide a comprehensive understanding of the importance of health and safety management and the role of a health and safety manager. Participants will learn how to identify potential risks, the root causes of accidents, and how to implement effective safety standards to ensure a safer work environment. The course offers valuable tools and techniques to design, manage, and improve your health and safety management system effectively, with a focus on practical application to meet legal obligations and reduce workplace hazards.

Course Objectives

By the end of this course, participants will be able to:

- Identify the sources of harmful acts and unsafe behaviors within the workplace.
- Understand that health and safety management is everyone's responsibility, not just the health and safety manager's role.
- Recognize that accidents and injuries result from unsafe acts, behaviors, and conditions.
- Conduct a job safety analysis JSA and provide clear safety instructions.
- Investigate accidents and complete meaningful accident reports to help prevent future incidents.
- Respond effectively to workplace accidents and emergencies.
- Plan and conduct a safety audit to ensure compliance and improve safety standards.

Course Outlines

Day 1: Definitions and Overview

- Why are concerns about safety critical in the workplace?
- Understanding key definitions such as accidents, safety, and health.
- The roles of organizations like the World Health Organization WHO and Occupational Safety and Health Administration OSHA in safety.
- Reaching threshold limit values for safety and health.
- The 6 Es in safety: Education, Engineering, Enforcement, Evaluation, Environment, and Emergency.

Day 2: Industrial Hygiene and Hazard Control

- Recognition, evaluation, and control of workplace hazards.
- Types of workplace hazards: physical, chemical, ergonomic, and biological.
- Implementing health and safety measures to create a safe environment.
- Accident costs and the importance of reporting.
- Job Safety Analysis JSA and safety audit: procedures, benefits, and tools.



- The importance of keeping accurate records during safety audits.

Day 3: Accident Investigation, Reporting, and Prevention

- Identifying the causes and contributing factors of workplace accidents.
- Understanding immediate and root causes of incidents.
- Accident reporting requirements and the significance of prevention.
- Health and safety risk management in preventing accidents.
- The effects and costs associated with workplace accidents.

Day 4: Management of Health and Safety

- Planning and setting objectives for health and safety management.
- Organizing and ensuring the implementation of safety goals.
- Leadership strategies to inspire safety culture and compliance.
- How to measure and control performance regarding safety measures.
- Proper behavior in case of work-related accidents and emergencies.
- Basic first aid and CPR techniques in emergencies.
- The importance of calling for help when necessary during an emergency.

Day 5: Ergonomics and Good Posture

- Understanding the negative effects of bad ergonomics in the workplace.
- Health and safety risk management to correct poor ergonomics and work habits.
- How to foster good posture and ergonomics to improve employee well-being.

Why Attend This Course: Wins & Losses!

Attending this course will provide you with the critical skills and knowledge necessary to become a successful health and safety manager or enhance your existing skills in health and safety management. Here's why you should attend:

- **Comprehensive Knowledge:** Gain a thorough understanding of health and safety risk management systems, helping you manage and implement effective safety measures.
- **Effective Safety Practices:** Learn to conduct job safety analysis JSA, safety audits, and accident investigations to improve workplace safety.
- **Accident Prevention:** Understand the root causes of accidents and how to prevent them by implementing effective health and safety management systems.
- **Leadership in Safety:** Develop the leadership skills required for a health and safety manager role, ensuring safety standards are adhered to at every level of the organization.
- **Regulatory Compliance:** Learn how to meet legal safety requirements and help your organization comply with international standards like those set by OSHA.
- **Practical Application:** Apply what you learn through real-world examples and safety scenarios to ensure immediate results in your workplace.

Not attending this course may leave your organization vulnerable to safety risks, accidents, and legal consequences. Ensure your workplace is safe and compliant by acquiring the expertise provided in this course.

Conclusion



The Health & Safety Management & Measurement course is an essential program for anyone involved in managing or overseeing workplace safety. With an emphasis on practical, actionable strategies, this course will help you develop a robust health and safety management system that can minimize risks, reduce accidents, and create a safer, healthier work environment. Whether you're a health and safety manager or someone involved in safety planning, this course will enhance your skills and ensure your organization meets the highest standards in health and safety management.



Blackbird Training Cities

Europe



Malaga (Spain)



Sarajevo (Bosnia and Herzegovina)



Oporto (Portugal)



Glasgow (Scotland)



Edinburgh (UK)



Oslo (Norway)



Annecy (France)



Bordeaux (France)



Copenhagen (Denmark)



Birmingham (UK)



Lyon (France)



Moscow (Russia)



Stockholm (Sweden)



Podgorica (Montenegro)



Batumi (Georgia)



Salzburg (Austria)



Florence (Italy)



London (UK)



Istanbul (Turkey)



Amsterdam



Düsseldorf (Germany)



Paris (France)



Athens (Greece)



Barcelona (Spain)



Munich (Germany)



Geneva (Switzerland)



Prague (Czech)



Vienna (Austria)



Rome (Italy)



Brussels (Belgium)



Madrid (Spain)



Berlin (Germany)



Lisbon (Portugal)



Zurich (Switzerland)



Manchester (UK)



Milan (Italy)



Blackbird Training Cities

USA & Canada



Los Angeles (USA)



Orlando, Florida (USA)



Online



Phoenix, Arizona (USA)



Houston, Texas (USA)



Boston, MA (USA)



Washington (USA)



Miami, Florida (USA)



New York City (USA)



Seattle, Washington (USA)



Washington DC (USA)



In House



Jersey, New Jersey (USA)



Toronto (Canada)

ASIA



Baku (Azerbaijan)
(Thailand)



Maldives (Maldives)



Doha (Qatar)



Manila (Philippines)



Bali (Indonesia)



Bangkok



Beijing (China)



Singapore (Singapore)



Sydney



Tokyo (Japan)



Jeddah (KSA)



Riyadh (KSA)



Melbourne (Australia)
(Kuwait)



Phuket (Thailand)



Shanghai (China)



Dubai (UAE)



Kuala Lumpur (Malaysia)



Kuwait City



Seoul (South Korea)



Pulau Ujong (Singapore)



Irbid (Jordan)



Jakarta (Indonesia)



Amman (Jordan)



Beirut



Blackbird Training Cities

AFRICA



Kigali (Rwanda)



Cape Town (South Africa)



Accra (Ghana)



Lagos (Nigeria)



Marrakesh (Morocco)



Nairobi (Kenya)



Zanzibar (Tanzania)



Tangier (Morocco)



Cairo (Egypt)



Sharm El-Sheikh (Egypt)



Casablanca (Morocco)



Tunis (Tunisia)



Blackbird Training Clients



MANNAI Trading
Company WLL,
Qatar



Alumina Corporation
Guinea



Booking.com
Netherlands



Oxfam GB International
Organization,
Yemen



Capital Markets
Authority,
Kuwait



Waltersmith Petroman Oil Limited
Nigeria



Qatar National Bank
(QNB),
Qatar



Qatar Foundation,
Qatar



AFRICAN UNION ADVISORY
BOARD ON CORRUPTION,
Tanzania



KFAS
Kuwait



Reserve Bank of
Malawi,
Malawi



Central Bank of Nigeria
Nigeria



Ministry of Interior
Kingdom of Saudi Arabia
KSA



Mabruk Oil Company
Libya



Saudi Electricity
Company,
KSA



BADAN PENGELOLA
KEUANGAN Haji,
Indonesia



NATO
Italy



ENI CORPORATE
UNIVERSITY,
Italy



Gulf Bank
Kuwait



المؤسسة العامة للتأمينات الاجتماعية
General Organization for
Social Insurance
KSA



Defence Space Administration
Nigeria



National Industries
Group (Holding),
Kuwait



Hamad Medical
Corporation,
Qatar



USAID
Pakistan



STC Solutions,
KSA



North Oil company,



EKO Electricity



Oman Broadband



UNITED NATIONS
UN.



هيئة تنظيم الكهرباء - عمان
AUTHORITY FOR ELECTRICITY REGULATION, OMAN
Authority for

UK Training
PARTNER



Blackbird Training Categories

Management & Admin

Entertainment & Leisure
Professional Skills
Finance, Accounting, Budgeting
Media & Public Relations
Project Management
Human Resources
Audit & Quality Assurance
Marketing, Sales, Customer Service
Secretary & Admin
Supply Chain & Logistics
Management & Leadership
Agile and Elevation

Technical Courses

Artificial Intelligence (AI)
Hospital Management
Public Sector
Special Workshops
Oil & Gas Engineering
Telecom Engineering
IT & IT Engineering
Health & Safety
Law and Contract Management
Customs & Safety
Aviation
C-Suite Training



International House 185 Tower Bridge
Road London SE1 2UF United Kingdom



+44 7401 1773 35
+44 7480 775526



Sales@blackbird-training.com



www.blackbird-training.com

