

Crisis Management & Leading Under Pressure

Boston, Massachusetts (USA)

13 - 17 July 2026

UK Training

PARTNER



Crisis Management & Leading Under Pressure

Code: LM28 From: 13 - 17 July 2026 City: Boston, Massachusetts (USA) Fees: 5700 Pound

Introduction

Effective leadership in times of crisis is a crucial skill that defines the success of organizations. This comprehensive course will equip you with the tools and knowledge to navigate challenges, manage stress, and lead with confidence during times of uncertainty. By understanding the crisis management process and developing advanced crisis leadership skills, you will be better prepared to anticipate, address, and overcome the complexities of crises.

Through this crisis management training, you will gain practical insights into what makes a leader effective under pressure, and how to foster resilience and creativity in your team. Whether you're a seasoned professional or new to leadership roles, this course provides the steps of crisis management and strategies to strengthen your ability to handle pressure and maintain organizational stability.

Course Objectives

By completing this course, participants will:

- Understand the importance of crisis management and its impact on organizational success.
- Learn what crisis management is, including its definition, purpose, and benefits.
- Develop professional crisis management skills for handling pressure and stress.
- Recognize different personality styles and their responses to stress.
- Cultivate a positive mindset to navigate challenges with confidence.
- Master effective crisis management techniques to lead teams under pressure.
- Understand the basics of crisis management, including preparation, response, and recovery.
- Enhance communication skills to resolve conflicts and motivate teams during challenging times.
- Create actionable plans to implement crisis management processes in the workplace.

Course Outlines

Day 1: Personal Leadership Skills for Managing Stress and Pressure

- Understanding what is crisis management and its role in leadership.
- Effects of stress on mind and body.
- Holistic responses to stress: Mind-body connection.
- Personality styles and coping mechanisms for stress.
- Identifying Introvert and Extrovert responses under pressure.

Day 2: Communication Skills in Stressful Situations

- Assertive vs. passive and aggressive communication during crises.
- Managing and resolving conflicts effectively under stress.

A graphic of a chessboard with several chess pieces, including a king, queen, and pawns, arranged on it. The board is white and black, and the pieces are gold and silver.

UK Training
PARTNER

- Constructive feedback and conflict resolution during high-pressure scenarios.
- Building trust through transparent and empathetic communication.

Day 3: Leading with Confidence During Times of Crisis

- Recognizing and managing sudden changes.
- Inspiring and motivating teams under pressure.
- Identifying the short-term and long-term effects of stress on individuals and teams.
- Developing crisis leadership skills to guide others effectively.
- Building personal and team confidence during challenging situations.

Day 4: Enhancing Leadership Effectiveness in Crisis Management

- Utilizing creativity to find solutions during crises.
- Identifying opportunities for growth and transformation in times of adversity.
- Practicing creative problem-solving and leadership during crises.
- Removing mental blocks to foster innovative thinking during high-pressure situations.
- Building resilience in teams for effective crisis management.

Day 5: Training and Developing Teams for Crisis Situations

- Training employees on stress and pressure management techniques.
- Promoting a positive outlook on workplace changes.
- Implementing creative problem-solving frameworks for teams during crises.
- Developing personal and team action plans for handling stress and pressure.
- Creating a resilient organizational culture with robust crisis management processes.

Why Attend this Course: Wins & Losses!

- Gain a clear understanding of what is the purpose of crisis management and how to apply it effectively.
- Learn how to lead teams with confidence using crisis leadership skills.
- Build a resilient mindset to navigate challenging situations with ease.
- Acquire professional crisis management strategies to prevent and mitigate crises.
- Develop actionable plans to implement the benefits of crisis management across your organization.
- Gain a certification in crisis management training, boosting your professional credentials.

Conclusion

This crisis management course is designed to empower leaders with the tools they need to navigate high-pressure situations, manage stress effectively, and lead teams through times of uncertainty. By understanding the meaning and importance of crisis management, participants will leave with the skills and strategies to foster resilience, motivate their teams, and ensure organizational stability.

Take the first step in mastering how to manage crisis management and building the leadership skills that set you apart in times of uncertainty. Enroll today to gain the knowledge and confidence to turn challenges into opportunities for growth and success.

A graphic of a chessboard with several chess pieces. A large gold king piece is in the foreground, with a silver pawn and a gold pawn behind it. The text 'UK Training PARTNER' is overlaid on the board.

UK Training
PARTNER

Blackbird Training Cities

Europe



Malaga (Spain)



Sarajevo (Bosnia and Herzegovina)



Oporto (Portugal)



Glasgow (Scotland)



Edinburgh (UK)



Oslo (Norway)



Annecy (France)



Bordeaux (France)



Copenhagen (Denmark)



Birmingham (UK)



Lyon (France)



Moscow (Russia)



Stockholm (Sweden)



Podgorica (Montenegro)



Batumi (Georgia)



London (UK)



Istanbul (Turkey)



Amsterdam



Düsseldorf (Germany)
(Switzerland)



Paris (France)



Athens (Greece)



Barcelona (Spain)



Munich (Germany)



Geneva



Prague (Czech)



Vienna (Austria)



Rome (Italy)



Brussels



Madrid (Spain)



Berlin (Germany)



Lisbon (Portugal)



Zurich



Manchester (UK)



Milan (Italy)



Blackbird Training Cities

USA & Canada



Los Angeles (USA)



Orlando, Florida (USA)



Online



Phoenix, Arizona (USA)



Houston, Texas (USA)



Boston, MA (USA)



Washington (USA)



Miami, Florida (USA)



New York City (USA)



Seattle, Washington (USA)



Washington DC (USA)



In House



Jersey, New Jersey (USA)



Toronto (Canada)

ASIA



Baku (Azerbaijan)
(Thailand)



Maldives (Maldives)



Doha (Qatar)



Manila (Philippines)



Bali (Indonesia)



Bangkok



Beijing (China)



Singapore (Singapore)



Sydney



Tokyo (Japan)



Jeddah (KSA)



Riyadh (KSA)



Melbourne (Australia)
Korea



Phuket (Thailand)



Dubai (UAE)



Kuala Lumpur (Malaysia)



Kuwait City (Kuwait)



Seoul (South)



Pulau Ujong (Singapore)



Irbid (Jordan)



Jakarta (Indonesia)



Amman (Jordan)



Beirut

UK Training
PARTNER

Blackbird Training Cities

AFRICA



Kigali (Rwanda)



Cape Town (South Africa)



Accra (Ghana)



Lagos (Nigeria)



Marrakesh (Morocco)



Nairobi (Kenya)



Zanzibar (Tanzania)



Tangier (Morocco)



Cairo (Egypt)



Sharm El-Sheikh (Egypt)



Casablanca (Morocco)



Tunis (Tunisia)



Blackbird Training Clients

 MANNAI CORPORATION MANNAI Trading Company WLL, Qatar	 GAC UNE FILIALE D' EGA Alumina Corporation Guinea	 Booking.com Booking.com Netherlands	 OXFAM Oxfam GB International Organization, Yemen	 Capital Markets Authority Kuwait
 WS Waltersmith Petroman Oil Limited Nigeria	 QNB Qatar National Bank (QNB), Qatar	 مؤسسة قطر Qatar Foundation, Qatar	 AFRICAN UNION ADVISORY BOARD ON CORRUPTION , Tanzania	 KFAS مؤسسة الكويت للتقدم العلمي Kuwait Foundation for the Advancement of Sciences KFAS Kuwait
 Reserve Bank of Malawi , Malawi	 Central Bank of Nigeria , Nigeria	 Ministry of Interior Kingdom of Saudi Arabia , KSA	 Mabruk Oil Company , Libya	 الشركة السعودية للكهرباء Saudi Electricity Company, KSA
 BPKH Badan Pengelola Keuangan Haji BADAN PENGELOLA KEUANGAN Haji, Indonesia	 NATO Italy	 eni ENI CORPORATE UNIVERSITY, Italy	 بنك الخليج Gulf Bank Kuwait	 المؤسسة العامة للتأمينات الاجتماعية General Organization for Social Insurance KSA
 Defence Space Administration , Nigeria	 مجموعة الصناعات الوطنية (القابضة) National Industries Group (Holding), Kuwait	 مؤسسة حمد الطبية Hamad Medical Corporation, Qatar	 USAID Pakistan	 STC الاتصالات السعودية STC Solutions, KSA
 North Oil Company North Oil company,	 EKO EKO Electricity	 oman BROADBAND العمانية للنطاق العريض Oman Broadband	 UNITED NATIONS UN.	 هيئة تنظيم الكهرباء - عمان AUTHORITY FOR ELECTRICITY REGULATION, OMAN Authority for

UK Training
PARTNER

Blackbird Training Categories

Management & Admin

Entertainment & Leisure
Professional Skills
Finance, Accounting, Budgeting
Media & Public Relations
Project Management
Human Resources
Audit & Quality Assurance
Marketing, Sales, Customer Service
Secretary & Admin
Supply Chain & Logistics
Management & Leadership
Agile and Elevation

Technical Courses

Artificial Intelligence (AI)
Hospital Management
Public Sector
Special Workshops
Oil & Gas Engineering
Telecom Engineering
IT & IT Engineering
Health & Safety
Law and Contract Management
Customs & Safety
Aviation
C-Suite Training



 International House 185 Tower Bridge
Road London SE1 2UF United Kingdom

 +44 7401 1773 35
+44 7480 775526

 Sales@blackbird-training.com

 www.blackbird-training.com

UK Training
PARTNER

