

Executive Certificate in Leadership Coaching

Cape Town (South Africa)

21 - 25 April 2025

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Executive Certificate in Leadership Coaching

Code: LM28 From: 21 - 25 April 2025 City: Cape Town (South Africa) Fees: 3300 Pound

Introduction

The world is short of effective business leaders. This book is just one attempt at closing the gap between languishing underperformance and sustained high-performance. Specifically, it is about accelerated leadership development. By using coaching to be a better leader. No matter what your preferred leadership model or style is now or whether it's one or portfolio you may aspire to in the future. A few leadership examples might be; situational, visionary, transformational, authentic, crisis, transactional, strategic, or inspirational. Simply, how to be more of the leader you would like to become.

Course Objectives

- Introduction to Executive Leadership Coaching.
- The core of the leadership and the skills are needed.
- Communications, Influence, and persuasion.
- Successful Goal Achievement.

Course Outlines

Day 1

Coaching - Core Leadership Skills

- Smarter Thinking! Deeper Change! Faster Results!
- Total Self-Score Guidance.
- Practical Demonstration.
- Human Performance Technologies - are the Future.
- Instant and lasting results.
- Analysis of Structure.

Communications - Influence and persuasion

- Sensory Preference.
- Sensory-Based Word Choices.
- Communicating on multiple levels is the norm.
- Successful Goal Achievement WIN/WIN Goals.
- WIN Goal.
- Some goal-setting considerations.
- Chunking.
- Induction detail.
- Deduction big picture.
- Abduction lateral thinking.

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Day 2

Perception of self

- Acts of leadership.
- The hero journeys.
- Self-awareness.
- Conscious versus subconscious.
- Power of beliefs.
- What are we broadcasting?
- Changes in organisms.
- Social conditioning.

Release from fears and self-limiting beliefs

- What self-limiting beliefs are.
- How they impact our lives.
- Power of beliefs and fears.
- Imagination and conception.
- Whole-body listening.
- Understanding blame.
- Overcoming fears and phobias.

Day 3

Leadership is an action

- History of leadership
- Leadership is an action
- Courage to act
- Authentic leadership
- Leading and being led
- Limitless potential
- Imagination, creativity, and play
- Understanding self, in-person leadership training

Day 4

Awareness of self

- Solo Reflection
- Individual and group insights
- Making sense of the learning
- Leadership and labels
- Judgment and opinion
- Patterns of behavior and where they come from
- Energetic hug
- Commitment to change and innovation in leadership

Day 5

Future leadership & Innovation training

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- Innovate to future-proof.
- Anything is possible.
- Find your bliss.
- Creating a balance.
- Empower self, empower others.
- Peer coaching groups.
- Commit to action.
- Imagine the future.
- Application workshops & Exercises.

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