

## Women's Leadership in Workplace

*Manama (Bahrain)*

*19 - 23 January 2025*

UK Training

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## Women's Leadership in Workplace

Code: LM28 From: 19 - 23 January 2025 City: Manama (Bahrain) Fees: 3900 Pound

### Introduction

Today, as the world is more aware of the importance and the positive effect of women in the workplace, and as the gender gap becomes smaller and smaller, we witness an increasing number of women's workforce participation. It is getting an economic and social priority and has improved the situation of women and their families, their communities, business, and the nation's economy. This course covers and explains the skills they need to know to enable them to become successful leaders.

### Course Objectives of Women's Leadership in Workplace

- Gaining basic leadership skills
- Tackling gender backlashes in places
- Gaining better negotiation skills
- Mastering effective communication skills
- Overcoming communication anxiety
- Influencing others for action
- Handling conflict and achieving resolution

### Women's Leadership in Workplace course Outlines

#### Day 1

- Women leadership skills development
- Effective Communications
- Strategic Vision
- Test Yourself: Are You a Strategic Thinker?
- Creativity and Innovation
- Critical Thinking and Problem Solving
- Activity: Left Vs. right brain side
- The essential leadership qualities
- Effective presentation, facilitation, and questioning techniques
- Activities: Presentation Practice

#### Day 2

- Public speaking and negotiating skills for leaders - practical activities

A graphic of a chessboard with several chess pieces (a king, a queen, a rook, and a pawn) on it. The board is white and black, and the pieces are gold and silver. The text 'UK Training PARTNER' is overlaid on the board.

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- Activity: My Friend's Fictional Life
- Activity: Continuous Story
- Activity: Make a Commercial
- Emotional intelligence and confidence building
- Self-awareness & management
- Social awareness
- Relationship management
- Activity: Assessment Centre simulation

### Day 3

- Factors affecting women's workplace/career
- Women safety at the workplace
- Activity: Conducting an organizational survey
- Group discussion
- Research Skills and techniques
- Activity: Conducting research

### Day 4

- Conflict analysis and resolution
- Conflict Table
- Five methods for handling conflict
- How to prevent conflicts
- Activity: Push / Pull
- Activity: Win as much as you can
- Activity: Chief Negotiator
- Teambuilding among leaders
- Team Building activities

### Day 5

- Group discussion: Instructor feedback
- Leadership Self-assessment tools and exercises [Disc Classic]
- Quiz: DiSC Profiles
- Discussion: What is your reaction to the given situations?
- Motivations, values, and strengths/ Establishing credibility among followers
- Role-play practical activities

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