

# Analytical and Critical Thinking Skills

Manama

12 - 16 April 2026



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# Analytical and Critical Thinking Skills

Code: PS28 From: 12 - 16 April 2026 City: Manama Fees: 3700 Pound

### Introduction

Every day, we face numerous situations at home or work where our decisions matter. Making the right choice saves time, reduces costs, and fosters happiness. Developing critical thinking and analytical skills is essential for making well-informed decisions. This course helps participants refine their intuition, make rational conclusions, and adopt analytical and critical thinking skills as second nature. By practicing these techniques, participants will learn to analyze data effectively and draw logical correlations, enabling them to make sound decisions in their professional and personal lives.

## **Course Objectives**

By the end of this Analytical and Critical Thinking Skills, participants will be able to:

- Investigate data thoroughly and derive logical conclusions.
- · Make analytical thinking a regular practice.
- · Correlate information logically and systematically.
- Master techniques for analytical and critical thinking skills development.
- Build confidence in applying critical thinking and communication skills effectively through the analytical skills course.

### **Course Outlines**

### Day 1: Fundamentals of Critical Thinking and analytical skills course

- Definition of critical thinking and analytical skills.
- Core skills and concepts of critical thinking.
- The importance of analytical and critical thinking skills in decision-making.
- Understanding the "habits of mind."
- · The role of self-confidence in critical thinking.

### Day 2: Applying Critical Thinking

- · Main lines of reasoning in analytical thinking.
- Tools for improving critical thinking and analytical skills course.
- Step-by-step guide to critical thinking.
- · Defining and framing problems effectively.
- · Formulating and testing hypotheses logically.

### Day 3: Critical Thinking in Practice

- · Methods for collecting relevant facts.
- Using analysis to identify logical relationships.





- The art of questioning for deeper insights.
- Differentiating between inferences and assumptions.
- Practical exercises to enhance critical thinking skills training.

### Day 4: Evaluating and Interpreting Evidence

- Techniques for evaluating evidence and spotting biases.
- Interpreting data for informed decision-making.
- Developing innovative solutions using advanced critical thinking skills.
- Case studies on real-world applications.

### Day 5: Enhancing Analytical Skills

- Visual tools to improve analytical and critical thinking skills.
- Choosing the best solutions using logic and reasoning.
- Conducting a critical thinking skills test.
- Hands-on activities for developing critical thinking skills.
- Applying new approaches to challenges in the workplace and personal life.

## Why Attend This Course: Wins & Losses!

- Improved Decision-Making Skills: Learn to make well-thought-out decisions by honing critical thinking and analytical skills.
- Increased Confidence: Gain the self-assurance to analyze situations critically and communicate ideas effectively.
- Real-World Applications: Apply critical thinking skills to solve workplace and personal challenges innovatively.
- Competitive Edge: Advanced skills in reasoning and analysis can give participants a professional advantage.
- Better Collaboration: Improve team dynamics with enhanced critical thinking and communication skills.

#### Conclusion

This critical thinking and analytical skills course is essential for professionals seeking to enhance their ability to reason, analyze, and make sound decisions. Participants will gain practical techniques to improve critical thinking and analytical skills, making them more confident and effective in their roles. From understanding the basics of critical thinking to applying advanced techniques, this course provides the tools and frameworks needed to thrive in today's fast-paced world.

Join this transformative journey to develop basic and advanced critical thinking skills and unlock your potential for logical and analytical excellence. Whether you aim to improve your professional decision-making or enhance your personal problem-solving abilities, this course is the ideal stepping stone toward success.





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