

women's Leadership in Workplace

*Cape Town (South Africa)*

*20 - 24 October 2025*

UK Training

**PARTNER**



## women's Leadership in Workplace

Code: LM28 From: 20 - 24 October 2025 City: Cape Town (South Africa) Fees: 3300 Pound

### Introduction

Today, as the world is more aware of the importance and the positive effect of women in the workplace, and as the gender gap becomes smaller and smaller, we witness an increasing number of women's workforce participation. It is getting an economic and social priority and has improved the situation of women and their families, their communities, businesses, and the nation's economy. This course covers and explains the skills they need to know to enable them to become successful leaders.

### Course Objectives of Women's Leadership in Workplace

- Gaining basic leadership skills.
- Tackling gender backlashes in places.
- Gaining better negotiation skills.
- Mastering effective communication skills.
- Overcoming communication anxiety.
- Influencing others for action.
- Handling conflict and achieving resolution.

### Course Outline for "Women's Leadership in the Workplace"

#### Day 1:

- Introduction to Leadership: A comprehensive overview of leadership concepts and their importance in modern workplaces, highlighting the differences between traditional and contemporary leadership styles.
- Women's Leadership: Analyzing the barriers women face in leadership roles and strategies to overcome them. Discussing successful examples of female leaders across various industries.
- Building Essential Leadership Skills: Learning and developing key leadership skills, including decision-making, team management, and goal setting.

#### Day 2:

- Gender-Based Challenges in the Workplace: Exploring scenarios where women may face gender-based bias in the workplace and how to effectively navigate these challenges.
- Strategies to Overcome Bias: Present practical strategies to combat gender bias, such as building alliances within the organization and strengthening professional relationships.
- Promoting an Inclusive Environment: How to contribute to creating a work environment that supports diversity and inclusivity, enabling women to succeed and thrive.

#### Day 3:

- Negotiation Skills: Introducing participants to the basics of negotiation and how to prepare for various types of negotiations at work, including those related to salaries, responsibilities, and resources.

A graphic of a chessboard with several chess pieces (a king, a queen, a rook, and a pawn) on it, set against a background of concentric circles.

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- **Enhancing Negotiation Abilities:** Effective techniques to improve negotiation skills, including reading body language and overcoming obstacles that may arise during negotiations.
- **Building Confidence in Negotiations:** Case studies that help build self-confidence in negotiations and achieve successful outcomes.

#### Day 4:

- **Mastering Effective Communication:** Teaching participants how to articulate their ideas clearly and confidently, whether in meetings, presentations, or everyday interactions.
- **Developing Strategies for Effective Communication:** Focusing on how to influence the target audience through both verbal and non-verbal communication.
- **Overcoming Communication Anxiety:** Providing tools and techniques to help participants overcome anxiety associated with important communication situations.

#### Day 5:

- **Influencing Others at Work:** Learning how to use leadership skills to positively influence colleagues and teams at work through motivation and inspiration.
- **Strategies for Influence:** Offering innovative methods for influencing others and guiding them toward achieving common goals.
- **Managing Conflict and Achieving Resolutions:** Discuss the types of conflicts that may arise in the workplace and learning how to analyze and resolve them in ways that lead to lasting solutions and better collaboration.

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