

women's Leadership in Workplace

Cape Town (South Africa)

20 - 24 October 2025

UK Traininig

PARTNER



women's Leadership in Workplace

Code: LM28 From: 20 - 24 October 2025 City: Cape Town (South Africa) Fees: 3300 Pound

Introduction

In today's world, as society becomes increasingly aware of the positive impact women can have in the workplace, and as the gender gap continues to narrow, we are witnessing a significant rise in women's participation in the workforce. This movement is not only an economic and social priority but has improved the lives of women and their families, communities, businesses, and the national economy. This course is designed to equip women with the leadership skills they need to succeed and thrive in leadership roles, helping them become successful leaders in the workplace.

Course Objectives

By the end of this course, participants will:

- Acquire basic leadership skills that will empower them to lead teams effectively and achieve workplace goals.
- Learn how to address gender backlashes in the workplace and overcome barriers to success.
- Improve negotiation skills to handle key workplace negotiations confidently.
- Master effective communication skills to influence others and convey ideas clearly.
- Overcome communication anxiety and improve confidence in interactions.
- Gain the ability to influence others for positive action and team collaboration.
- Learn how to handle conflict and achieve productive resolutions in a professional setting.

Course Outlines

Day 1: Introduction to Leadership

- Leadership Overview: A comprehensive introduction to leadership concepts, highlighting the differences between traditional and contemporary leadership styles.
- Women's Leadership: Understanding the barriers women face in leadership roles and strategies to overcome them. Real-life examples of successful female leaders across industries.
- Building Essential Leadership Skills: Learn critical leadership skills like decision-making, team management, and goal setting.

Day 2: Gender-Based Challenges in the Workplace

- Gender Bias and Challenges: Explore common scenarios where women face gender bias and how to navigate them effectively.
- Overcoming Gender Bias: Practical strategies to combat gender bias, including building alliances and strengthening professional relationships.
- Promoting Inclusivity: How to contribute to creating an inclusive work environment that supports diversity

UK Training
PARTNER



and empowers women to succeed.

Day 3: Negotiation Skills for Women

- Introduction to Negotiation: Learn the basics of negotiation and how to prepare for various types of workplace negotiations, including salaries, job responsibilities, and resources.
- Enhancing Negotiation Skills: Effective negotiation techniques, including reading body language and overcoming obstacles during negotiations.
- Building Confidence in Negotiations: Practical case studies to help participants build confidence and achieve successful outcomes in negotiations.

Day 4: Mastering Effective Communication

- Effective Communication: Learn how to clearly and confidently articulate ideas in meetings, presentations, and everyday interactions.
- Influencing Through Communication: Techniques to influence others using both verbal and non-verbal communication strategies.
- Overcoming Communication Anxiety: Practical tools to overcome anxiety during important communication moments.

Day 5: Influencing Others and Managing Conflict

- Influencing Others at Work: Develop leadership skills that allow you to motivate and inspire your colleagues and teams for greater success.
- Influence Strategies: Innovative methods for influencing others and guiding them toward achieving common goals.
- Conflict Management: Understand the types of conflicts that can arise in the workplace and learn how to analyze and resolve them in ways that lead to long-term solutions and better collaboration.

Why Attend This Course: Wins & Losses!

Attending this women's leadership training program offers you the opportunity to:

- Gain women's leadership skills that are essential for your career advancement and success in executive leadership roles.
- Learn how to effectively navigate gender biases, and develop strategies to overcome these barriers and thrive in male-dominated industries.
- Build the confidence and negotiation skills for women that will help you secure better opportunities, resources, and roles within your organization.
- Become a more effective communicator, influencing others to act and driving positive change within your workplace.
- Receive a women's leadership certificate that showcases your commitment to professional development and women's leadership success.

Whether you are aiming for a promotion, transitioning into a leadership role, or simply looking to enhance your existing skills, this course provides the tools and strategies you need to succeed. The course focuses on practical, actionable techniques that you can apply immediately in your day-to-day work environment.

Conclusion

A graphic of a chessboard with several chess pieces. A large gold king piece is in the foreground, with a silver pawn and a gold pawn behind it. The text 'UK Training PARTNER' is overlaid on the right side of the board.

UK Training
PARTNER



By completing this course, you will have a deeper understanding of what it takes to be a successful female leader in the workplace. You will acquire the necessary skills to manage teams, influence others, and navigate workplace challenges. Whether you are striving to become a global leader or enhance your current leadership style, this program will equip you with the tools and knowledge needed for success. Don't miss the chance to develop the leadership skills you need to achieve your full potential and make a positive impact in your career.

A graphic of a chessboard with several pawns. A large gold king piece is prominent in the foreground, with several smaller silver and gold pawns behind it. The board is checkered, and there are concentric circles in the background.

UK Training
PARTNER

Head Office: +44 7480 775 526
Email: Sales@blackbird-training.com
Website: www.blackbird-training.com

Blackbird Training Cities

Europe



Malaga (Spain)



Sarajevo (Bosnia and Herzegovina)



Oporto (Portugal)



Glasgow (Scotland)



Edinburgh (UK)



Oslo (Norway)



Annecy (France)



Bordeaux (France)



Copenhagen (Denmark)



Birmingham (UK)



Lyon (France)



Moscow (Russia)



Stockholm (Sweden)



Podgorica (Montenegro)



Batumi (Georgia)



Salzburg (Austria)



London (UK)



Istanbul (Turkey)



Amsterdam



Düsseldorf (Germany)



Paris (France)



Athens (Greece)



Barcelona (Spain)



Munich (Germany)



Geneva (Switzerland)



Prague (Czech)



Vienna (Austria)



Rome (Italy)



Brussels (Belgium)



Madrid (Spain)



Berlin (Germany)



Lisbon (Portugal)



Zurich (Switzerland)



Manchester (UK)



Milan (Italy)



Blackbird Training Cities

USA & Canada



Los Angeles (USA)



Orlando, Florida (USA)



Online



Phoenix, Arizona (USA)



Houston, Texas (USA)



Boston, MA (USA)



Washington (USA)



Miami, Florida (USA)



New York City (USA)



Seattle, Washington (USA)



Washington DC (USA)



In House



Jersey, New Jersey (USA)



Toronto (Canada)

ASIA



Baku (Azerbaijan)
(Thailand)



Maldives (Maldives)



Doha (Qatar)



Manila (Philippines)



Bali (Indonesia)



Bangkok



Beijing (China)



Singapore (Singapore)



Sydney



Tokyo (Japan)



Jeddah (KSA)



Riyadh (KSA)



Melbourne (Australia)
Korea



Phuket (Thailand)



Dubai (UAE)



Kuala Lumpur (Malaysia)



Kuwait City (Kuwait)



Seoul (South)



Pulau Ujong (Singapore)



Irbid (Jordan)



Jakarta (Indonesia)



Amman (Jordan)



Beirut

UK Training
PARTNER

Blackbird Training Cities

AFRICA



Kigali (Rwanda)



Cape Town (South Africa)



Accra (Ghana)



Lagos (Nigeria)



Marrakesh (Morocco)



Nairobi (Kenya)



Zanzibar (Tanzania)



Tangier (Morocco)



Cairo (Egypt)



Sharm El-Sheikh (Egypt)



Casablanca (Morocco)



Tunis (Tunisia)



Blackbird Training Clients



MANNAI Trading
Company WLL,
Qatar



Alumina Corporation
Guinea



Booking.com
Netherlands



Oxfam GB International
Organization,
Yemen



Capital Markets
Authority,
Kuwait



Waltersmith Petroman Oil Limited
Nigeria



Qatar National Bank
(QNB),
Qatar



Qatar Foundation,
Qatar



AFRICAN UNION ADVISORY
BOARD ON CORRUPTION,
Tanzania



KFAS
Kuwait



Reserve Bank of
Malawi,
Malawi



Central Bank of Nigeria
Nigeria



Ministry of Interior
Kingdom of Saudi Arabia
KSA



Mabruk Oil Company
Libya



Saudi Electricity
Company,
KSA



BADAN PENGELOLA
KEUANGAN Haji,
Indonesia



NATO
Italy



ENI CORPORATE
UNIVERSITY,
Italy



Gulf Bank
Kuwait



المؤسسة العامة للتأمينات الاجتماعية
General Organization for Social Insurance
KSA



Defence Space Administration
Nigeria



National Industries
Group (Holding),
Kuwait



Hamad Medical
Corporation,
Qatar



USAID
Pakistan



STC Solutions,
KSA



North Oil company,



EKO Electricity



Oman Broadband



UNITED NATIONS
UN.



هيئة تنظيم الكهرباء - عمان
Authority for

UK Training
PARTNER

Blackbird Training Categories

Management & Admin

Entertainment & Leisure
Professional Skills
Finance, Accounting, Budgeting
Media & Public Relations
Project Management
Human Resources
Audit & Quality Assurance
Marketing, Sales, Customer Service
Secretary & Admin
Supply Chain & Logistics
Management & Leadership
Agile and Elevation

Technical Courses

Artificial Intelligence (AI)
Hospital Management
Public Sector
Special Workshops
Oil & Gas Engineering
Telecom Engineering
IT & IT Engineering
Health & Safety
Law and Contract Management
Customs & Safety
Aviation
C-Suite Training



 International House 185 Tower Bridge
Road London SE1 2UF United Kingdom

 +44 7401 1773 35
+44 7480 775526

 Sales@blackbird-training.com

 www.blackbird-training.com

UK Training
PARTNER

