

Advanced MEP Quantity Surveying and Cost Estimation Training Course

21 – 25 December 2026
Rome (Italy)

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A photograph of chess pieces on a checkered board. In the foreground, a large, ornate, metallic king piece stands prominently. To its left, a smaller, metallic pawn piece is visible. Further back and to the left, another metallic pawn piece is positioned. The background features a series of concentric, light-colored circular lines that create a sense of depth and focus on the king piece.

Advanced MEP Quantity Surveying and Cost Estimation Training Course

Ref: 19_360926 **Date:** 21 – 25 December 2026 **Location:** Rome (Italy) **Fees:** 5200 GBP

Introduction:

Advanced MEP quantity surveying and cost estimation is the commercial engineering practice of quantifying, pricing, and commercially managing complex mechanical, electrical, and plumbing building services across the project asset lifecycle. This five-day course is designed for commercial managers and senior cost specialists seeking to construct a rigorous multi-service MEP cost estimation and commercial management model. Delivered at expert level through progressive numeric modelling builds, the syllabus draws upon the Royal Institution of Chartered Surveyors New Rules of Measurement, known as the RICS NRM suite, alongside ISO 19650 information management standards to govern cost planning accuracy.

Course Objectives:

- Distinguish elemental cost plans from detailed bills of quantities to establish accurate commercial baselines across progressive design stages
- Interpret RICS NRM rules to categorise complex mechanical, electrical, and public health installations within structured cost breakdowns
- Compare automated model-based take-offs with manual two-dimensional quantification to identify scope gaps and measurement discrepancies
- Apply analytical unit-rate pricing to calculate labour, material, and plant costs for specialist service packages
- Justify provisional sums versus prime cost allowances when establishing contractual risk contingencies for complex building services

Target Audience:

- Commercial managers responsible for MEP subcontract procurement who must evaluate competitive engineering tenders against baseline cost plans
- Cost consultants directing pre-construction services quantification who must select appropriate measurement hierarchies under international measurement rules
- Quantity surveying specialists administering building services packages who must assess contractor variation submissions against documented bill items
- Procurement advisors coordinating multidisciplinary building services contracts who must decide when to freeze package scopes for competitive tendering

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A graphic of a chessboard with several chess pieces (a king, a queen, a rook, and a pawn) positioned on it. The board is white and black, and the pieces are gold and silver. The graphic is located in the bottom right corner of the page.

Course Outline:

Day 1: Elemental Baseline Definition and Scope Alignment

- RICS NRM 1 Order of Cost Estimating: Establishing Early Baseline Budgets for Building Services
- Elemental Cost Plans vs Approximate Quantities: Determining Commercial Level of Detail at Design Stages
- ISO 19650 Information Requirements: Defining Cost Information Exchanges for Model-Based Quantification
- Services Scope Decomposition: Isolating Demarcation Boundaries Between Mechanical and Electrical Packages
- Capital Expenditure vs Operational Expenditure: Structuring Whole-Life Cost Parameters for Plant Replacement

Day 2: Measurement Frameworks and Standard Services Categorisation

- RICS NRM 2 Detailed Measurement Rules: Standardising Component Work Items for Complex Service Networks
- NRM 1 vs NRM 2 Rules: Structuring Measurement Hierarchies Across Successive Engineering Stages
- Services Group Element 5 Breakdown: Classifying Mechanical, Electrical, and Public Health Components
- Builders Work in Connection with Services: Quantifying Penetrations and Builder Attendances Accurately
- CIBSE Guide M Life Data: Mapping Component Service Lives to Asset Operational Replacement

Day 3: Detailed Quantification and Unit Rate Assembly

- Automated 5D BIM Take-Off vs 2D Manual Quantification: Extracting Accurate Quantities from Digital Engineering Models
- Analytical Labour Rate Buildup: Calculating Direct Gang Costs and Mechanical Installation Outputs
- Material Procurement Indexation: Factoring Factory Equipment Freight and Handling Uplifts into Base Rates
- Plant and Equipment Costing: Determining Craneage and Access Equipment Requirements for Heavy Plant
- Specialist Subcontractor Quotation Analysis: Normalising Subcontract Scope Exclusions and Interface Attendances

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A graphic illustration of a chessboard with several chess pieces. A gold king piece is prominent in the foreground, with a silver pawn and a gold pawn nearby. The board is checkered, and there are concentric circles in the background.

Day 4: Commercial Risk Allocation and Variation Pricing Controls

- Provisional Sums vs Prime Cost Sums: Structuring Contractual Financial Risk for Incomplete Engineering Packages
- SFG20 Maintenance Specifications: Pricing Preventative Servicing Regimes into Post-Completion Life-Cycle Models
- Change Control Valuation Protocols: Pricing Scope Additions and Omissions Against Contract Bill Rates
- Disruption and Prolongation Costing: Assessing Cumulative Labour Inefficiency Impacts on Services Installation
- Value Engineering Matrix Evaluation: Balancing Capital Savings Against Building Services Performance Criteria

Day 5: Modelling Build and Cost Model Consolidation

- Modelling Build Base Data Integration: Applying NRM 2 Measurement Hierarchies to Primary Services Take-Offs
- Deterministic Rates vs Probabilistic Contingency: Modelling Mechanical and Electrical Schedule Financial Risk
- Subcontract Package Interface Reconciliation: Incorporating Specialist Supplier Proposals and Attendance Allowances
- Life-Cycle Model Consolidation: Applying CIBSE Guide M Parameters to Capital Replacement Forecasts
- Model Deliverable Finalisation: Completing the Multi-Service MEP Cost Estimation and Commercial Management Model

Skills You Will Gain:

- NRM 2 Services Measurement
- 5D BIM Quantity Extraction
- Analytical Labour Rate Formulation
- Builders Work Quantification
- Subcontract Commercial Equalisation
- Whole-Life Cost Modelling
- Services Variation Valuation

A graphic of a chessboard with several chess pieces (king, queen, rook, knight, and pawns) in gold and silver. The board is checkered and has a subtle grid pattern. The text 'UK Training PARTNER' is overlaid on the right side of the board.

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Why Attend This Course:

- From rough area-based allowances to rigorous elemental cost planning structured under standard measurement rules
- From manual drawing markups prone to omissions to automated model-based quantification aligned with ISO 19650 protocols
- From unverified subcontractor price packages to transparent analytical unit-rate build-ups reflecting actual site productivity
- From disjointed commercial schedules to a multi-service MEP cost estimation and commercial management model ready for operational deployment

Conclusion:

Advanced MEP quantity surveying and cost estimation establishes financial control over complex building engineering installations by integrating formal measurement standards, analytical unit pricing, and lifecycle commercial planning. The course clarifies the distinctions between elemental budgeting and detailed bills of quantities, between manual take-offs and digital model extraction, and between defined provisional sums and prime cost allowances. It is the appropriate choice for commercial managers and senior cost specialists seeking advanced technical expertise in governing high-value mechanical, electrical, and plumbing engineering contracts.

Frequently Asked Questions FAQ:

What prior experience is required before attending advanced MEP quantity surveying and cost estimation?

Practical experience in building services engineering, cost estimation, or quantity surveying is required before attending. Participants should understand standard mechanical, electrical, and plumbing drawings, basic procurement cycles, and spreadsheet-based pricing schedules, as the curriculum examines advanced measurement rules rather than introductory commercial concepts.

How does advanced MEP quantity surveying and cost estimation differ from foundational cost estimating courses?

Advanced MEP quantity surveying and cost estimation examines complex measurement rules, analytical rate building, and lifecycle costing rather than basic material take-offs. While general courses survey broad trade estimating, this course focuses on multi-service engineering interfaces, 5D model integration, and rigorous contractual change control.

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Why is standardised measurement essential in advanced MEP quantity surveying and cost estimation?

Standardised measurement establishes consistent scope definitions, mitigates procurement ambiguity, and provides transparent baselines for contractor negotiations. Implementing structured frameworks such as NRM ensures that complex service items, builders work, and system interfaces are quantified uniformly, preventing costly omissions and contractual disputes during construction.

What deliverable do participants produce during advanced MEP quantity surveying and cost estimation?

Participants construct a multi-service MEP cost estimation and commercial management model. This functional package incorporates elemental cost baselines, analytical unit-rate build-ups, interface risk allowances, and lifecycle replacement forecasts, providing an adaptable commercial template for pricing and administering major building services packages at work.

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