

Preparation Executive Personal Assistant

19 – 23 October 2026
Rome (Italy)

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Introduction

The role of the Executive Personal Assistant has become one of the most essential pillars supporting organizational efficiency. As modern workplaces grow more dynamic and complex, the need for highly skilled professionals who can manage schedules, streamline communication, coordinate executive-level tasks, and maintain operational flow has significantly increased. The Preparation Executive Personal Assistant course is designed to equip participants with advanced capabilities that enhance their performance in supporting executive leadership, organizing workflows, and handling high-level administrative responsibilities.

This course is tailored for executives, team leaders, and professionals across diverse departments who aim to deepen their understanding of executive support functions. It is also ideal for individuals seeking to strengthen their skills in time management, communication, organizational planning, and operational coordination. The program provides practical tools that can be applied immediately to improve internal processes and enhance overall organizational performance.

The importance of this course lies in bridging theoretical concepts with real-world administrative practices. Participants learn how to design organizational systems, improve the flow of information, support decision-making processes, and maintain seamless communication across teams. The course emphasizes practical applications that help participants excel in fast-paced executive environments.

Course Objectives

- Understand the core responsibilities of an Executive Personal Assistant.
- Build strong organizational and time-management skills.
- Develop effective communication techniques for executive-level interaction.
- Manage and coordinate schedules, appointments, and daily workflows.
- Organize meetings and document discussions with accuracy.
- Create professional reports and formal communications.
- Improve task-prioritization and follow-up practices.
- Support executive decision-making through structured information management.
- Handle administrative challenges with practical problem-solving tools.
- Establish efficient systems for document and correspondence management.

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A graphic of a chessboard with several chess pieces (king, queen, rook, knight, and pawns) in gold and silver, set against a background of concentric circles.

Course Outlines

Day One: Understanding the Executive Assistant Role

- Overview of the executive personal assistant's responsibilities.
- Differentiating between strategic and operational duties.
- Understanding the relationship with executive leadership.
- Structuring daily tasks and workflow organization.
- Common performance challenges and how to avoid them.
- Introductory exercise to evaluate the expectations of executive stakeholders.

Day Two: Managing Correspondence and Documentation

- Techniques for organizing incoming and outgoing correspondence.
- Managing daily email flow and task delegation.
- Document filing systems and record-keeping methods.
- Preparing concise and informative executive summaries.
- Tools for tracking pending tasks and reporting progress.
- Practical activity: Evaluating documentation processes.

Day Three: Meeting Coordination and Event Support

- Procedures for planning and preparing executive meetings.
- Creating structured agendas and defining meeting outcomes.
- Best practices for writing accurate minutes.
- Managing time efficiency during meetings.
- Handling last-minute schedule changes.
- Practical task: Producing a complete meeting minutes template.

Day Four: Communication Skills and Executive Support

- Professional communication techniques with internal teams.
- Managing work pressure and maintaining composure.
- Building positive relationships with key stakeholders.
- Writing professional messages and formal reports.
- Preparing executive-level briefs for decision-making.
- Tracking executive tasks and follow-up processes.

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A graphic illustration of a chessboard with several chess pieces. A large gold king piece is prominent in the foreground, with a silver pawn and a gold pawn nearby. The background features concentric circles and a checkered pattern.

Day Five: Practical Application and Final Assessment

- Case study: Supporting an executive in a high-demand environment.
- Structuring a full operational day for an executive.
- Assessing current practices and identifying improvement areas.
- Developing a personal development roadmap.
- Multi-tasking simulation exercise.
- Preparing recommendations to enhance executive support systems.

Why Attend This Course? Wins & Losses!

- Gain deep understanding of executive support responsibilities.
- Strengthen organizational and administrative skills.
- Improve communication with top-level leadership.
- Enhance productivity through effective time management.
- Develop confidence in handling high-pressure tasks.
- Produce professional documents and reports.
- Increase efficiency in managing executive tasks.
- Acquire practical tools applicable in daily administrative work.

Conclusion

The Preparation Executive Personal Assistant course offers a comprehensive framework to help professionals master the skills required for supporting executive leadership. By integrating practical tools with real-world scenarios, the program enhances participants' ability to organize work, manage communication, coordinate meetings, and elevate the quality of administrative processes.

The course empowers individuals to analyze daily challenges, improve administrative systems, and provide reliable support that contributes to organizational excellence. Through applied learning and structured training, participants gain the expertise needed to become essential partners in executive success and long-term performance development.

A graphic of a chessboard with several pawns. A large gold king piece is prominent in the foreground, with other pawns in gold and silver behind it. The board is checkered, and there are concentric circles in the background.

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