

Health Safety Environment (HSE)

UK Training

PARTNER



Health Safety Environment (HSE)

Introduction

In today's rapidly evolving business landscape across the Middle East and North Africa, health, safety, and environment HSE management has become a strategic pillar for sustainable growth. Beyond meeting regulatory compliance, a robust HSE system plays a crucial role in safeguarding lives, reducing operational risks, enhancing productivity, and building institutional trust and reputation.

This advanced training program is designed for a wide spectrum of professionals—including executive leaders, team supervisors, and specialists across sectors such as oil and gas, banking, telecommunications, government, human resources, project management, and operations. It equally benefits early-career professionals aiming to earn industry-recognized certifications and senior decision-makers who want to integrate HSE principles into their strategic planning and leadership frameworks.

The course blends theory and practice, providing real-world insights, case studies, and internationally aligned methodologies to help organizations foster safer, more resilient, and more compliant work environments.

Course Objectives

- Understand the core concepts and principles of health, safety, and environment HSE.
- Analyze workplace risks and environmental hazards using global best practices.
- Apply quantitative and qualitative risk assessment tools.
- Develop emergency response and contingency planning protocols.
- Implement internal awareness programs that support a safety-driven culture.
- Conduct professional investigations and reporting following incidents.
- Integrate HSE strategies into operational and strategic planning.
- Enhance institutional performance by minimizing health and environmental risks.

Course Outlines

Day 1: Introduction to HSE Systems and Regulations

- Overview of key HSE terms, concepts, and definitions.
- The strategic importance of HSE in today's organizations.
- Overview of local and international standards and compliance frameworks.
- The link between operational efficiency and safety culture.
- Case studies from leading regional institutions.
- Group exercise: Workplace hazard identification.

Day 2: Risk Identification and Control Measures

- Methods for identifying physical, chemical, and biological hazards.
- Building and applying a risk matrix.
- Tools for collecting safety data and assessing exposure levels.
- Prioritizing controls based on severity and likelihood.
- Proactive planning and control mechanisms.
- Hands-on activity: Design a risk management plan.



Day 3: Incident Management and Emergency Response

- Common causes and types of occupational incidents.
- Step-by-step emergency response planning.
- Evacuation procedures and first response logistics.
- Handling hazardous substances and containment strategies.
- Cross-functional coordination during emergencies.
- Simulation exercise: Emergency scenario response.

Day 4: Building and Sustaining a Safety Culture

- Key principles of behavioral safety.
- The role of leadership in promoting HSE values.
- Effective internal communication around safety.
- Motivational strategies to encourage compliance.
- Organizational change management for safety adoption.
- Workshop: Design an internal HSE awareness campaign.

Day 5: Performance Evaluation and Continuous Improvement

- Defining and tracking HSE key performance indicators KPIs.
- Implementing performance audits and feedback loops.
- Generating professional HSE reports and dashboards.
- Final review of core concepts.
- Presentation of participant projects and action plans.
- Issuing accredited certifications.

Why Attend this Course: Wins & Losses!

- Establish a safer, more compliant working environment.
- Reduce direct and indirect costs related to injuries and incidents.
- Improve operational efficiency through safer processes.
- Enhance institutional reputation and compliance posture.
- Build analytical and technical HSE skills.
- Gain an industry-recognized certification.
- Improve collaboration across departments with HSE integration.
- Promote long-term safety culture and staff engagement.

Conclusion

Investing in health, safety, and environment is no longer a matter of regulatory obligation—it's a strategic necessity for any organization aiming to thrive. This comprehensive course offers a practical framework for building resilient systems that protect human capital, ensure compliance, and promote a performance-driven, safety-first culture.

For professionals seeking career advancement and institutions aiming for operational excellence, this program is a catalyst for long-term transformation and measurable impact.



Blackbird Training Cities

Europe



Malaga (Spain)



Sarajevo (Bosnia and Herzegovina)



Oporto (Portugal)



Glasgow (Scotland)



Edinburgh (UK)



Oslo (Norway)



Annecy (France)



Bordeaux (France)



Copenhagen (Denmark)



Birmingham (UK)



Lyon (France)



Moscow (Russia)



Stockholm (Sweden)



Podgorica (Montenegro)



Batumi (Georgia)



Salzburg (Austria)



London (UK)



Istanbul (Turkey)



Amsterdam



Düsseldorf (Germany)



Paris (France)



Athens (Greece)



Barcelona (Spain)



Munich (Germany)



Geneva (Switzerland)



Prague (Czech)



Vienna (Austria)



Rome (Italy)



Brussels (Belgium)



Madrid (Spain)



Berlin (Germany)



Lisbon (Portugal)



Zurich (Switzerland)



Manchester (UK)



Milan (Italy)



Blackbird Training Cities

USA & Canada



Los Angeles (USA)



Orlando, Florida (USA)



Online



Phoenix, Arizona (USA)



Houston, Texas (USA)



Boston, MA (USA)



Washington (USA)



Miami, Florida (USA)



New York City (USA)



Seattle, Washington (USA)



Washington DC (USA)



In House



Jersey, New Jersey (USA)



Toronto (Canada)

ASIA



Baku (Azerbaijan)
(Thailand)



Maldives (Maldives)



Doha (Qatar)



Manila (Philippines)



Bali (Indonesia)



Bangkok



Beijing (China)



Singapore (Singapore)



Sydney



Tokyo (Japan)



Jeddah (KSA)



Riyadh (KSA)



Melbourne (Australia)
Korea



Phuket (Thailand)



Dubai (UAE)



Kuala Lumpur (Malaysia)



Kuwait City (Kuwait)



Seoul (South)



Pulau Ujong (Singapore)



Irbid (Jordan)



Jakarta (Indonesia)



Amman (Jordan)



Beirut



Blackbird Training Cities

AFRICA



Kigali (Rwanda)



Cape Town (South Africa)



Accra (Ghana)



Lagos (Nigeria)



Marrakesh (Morocco)



Nairobi (Kenya)



Zanzibar (Tanzania)



Tangier (Morocco)



Cairo (Egypt)



Sharm El-Sheikh (Egypt)



Casablanca (Morocco)



Tunis (Tunisia)



Blackbird Training Categories

Management & Admin

Entertainment & Leisure
Professional Skills
Finance, Accounting, Budgeting
Media & Public Relations
Project Management
Human Resources
Audit & Quality Assurance
Marketing, Sales, Customer Service
Secretary & Admin
Supply Chain & Logistics
Management & Leadership
Agile and Elevation

Technical Courses

Artificial Intelligence (AI)
Hospital Management
Public Sector
Special Workshops
Oil & Gas Engineering
Telecom Engineering
IT & IT Engineering
Health & Safety
Law and Contract Management
Customs & Safety
Aviation
C-Suite Training



International House 185 Tower Bridge
Road London SE1 2UF United Kingdom



+44 7401 1773 35
+44 7480 775526



Sales@blackbird-training.com



www.blackbird-training.com

UK Training

PARTNER

