

Building Trust and Influence: Advanced Relationship Management

19 – 23 October 2026
Barcelona (Spain)

UK Training

PARTNER



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Ref: 3254724_319286 **Date:** 19 – 23 October 2026 **Location:** Barcelona (Spain) **Fees:** 5200 GBP

Introduction

The "Building Trust and Influence: Advanced Relationship Management" course is designed to help professionals strengthen their ability to build and maintain trust while influencing key relationships in the workplace and beyond. This course focuses on advanced techniques for managing relationships, developing rapport, and cultivating trust at all levels. Participants will learn strategies to enhance their influence, improve communication, and navigate complex interpersonal dynamics. By the end of the course, attendees will be equipped with the skills to foster stronger, more collaborative relationships and positively impact their organizations.

Course Objectives

By the end of this course, participants will be able to:

- Understand the principles of building trust and influence in professional relationships.
- Learn advanced techniques for building trust and maintaining credibility.
- Develop skills for managing relationships across diverse groups and environments.
- Master communication strategies that foster trust and influence.
- Learn how to assess and improve your interpersonal dynamics in professional settings.
- Build effective strategies for overcoming challenges in building relationships.
- Explore emotional intelligence and its impact on trust and influence.
- Learn to apply these skills to lead teams, negotiate effectively, and foster collaboration.

Course Outlines

Day 1: Foundations of Trust and Influence

- Explore the importance of trust and influence in leadership and teamwork.
- Understand the psychological foundations of trust and how to leverage them.
- Learn the key behaviors that contribute to building trust in relationships.
- Discuss the role of integrity, consistency, and transparency in leadership.

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A graphic illustration of a chessboard with several chess pieces. A large gold king piece is prominent in the foreground, with a silver pawn and a silver knight nearby. The board is checkered, and there are concentric circles in the background.

Day 2: Advanced Techniques for Building Trust

- Learn how to enhance trust-building techniques in high-stakes situations.
- Develop skills to establish trust in virtual and cross-cultural environments.
- Understand how to use empathy and active listening to strengthen trust.
- Learn the importance of giving and receiving constructive feedback.

Day 3: Mastering the Art of Influence

- Understand the key principles of influence and how they affect relationships.
- Learn persuasive communication techniques that maintain trust.
- Master negotiation strategies that preserve relationships and lead to win-win outcomes.
- Explore the ethical considerations of influencing others in the workplace.

Day 4: Navigating Complex Interpersonal Dynamics

- Learn how to identify and manage different personality types in the workplace.
- Develop strategies for resolving conflicts while preserving trust and relationships.
- Learn to recognize and manage power dynamics in relationships.
- Build skills to work effectively with difficult or resistant individuals.

Day 5: Building Collaborative and Sustainable Relationships

- Learn how to create mutually beneficial relationships that last.
- Develop strategies for maintaining long-term trust and influence.
- Understand how to cultivate a culture of collaboration within teams.
- Create an action plan for applying relationship management strategies in real-world situations.

Why Attend This Course: Wins & Losses!

- Enhance your ability to build trust and influence across diverse teams and environments.
- Learn advanced strategies for navigating complex relationships and situations.
- Develop stronger communication skills that foster collaboration and trust.
- Gain tools to resolve conflicts and manage difficult conversations with confidence.
- Build a reputation as a trusted leader capable of influencing and inspiring others.
- Master the skills needed to lead teams, negotiate effectively, and drive organizational success.
- Improve your interpersonal dynamics, leading to better professional relationships and opportunities.

Conclusion

The "Building Trust and Influence: Advanced Relationship Management" course provides participants with the advanced tools and strategies needed to build trust, influence key relationships, and improve collaboration. By learning how to apply these techniques in complex professional environments, participants will strengthen their leadership abilities and foster stronger relationships within their organizations.

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A graphic of a chessboard with several chess pieces (a king, queen, and pawns) in the foreground, symbolizing strategy and leadership.

Enroll now to enhance your trust-building and influencing skills, and take your relationship management to the next level!

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