

Train of Trainers (TOT)

5 – 9 October 2026
Barcelona (Spain)

UK Training

PARTNER



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Ref: 3254351_307741 **Date:** 5 – 9 October 2026 **Location:** Barcelona (Spain) **Fees:** 5200 GBP

Introduction

The Train of Trainers TOT course is a specialized program designed to equip participants with the most advanced and modern techniques in training facilitation. This training of trainers course is specifically tailored for trainers who aim to elevate their skills, knowledge, and confidence to deliver effective training sessions. Through a blend of theoretical frameworks, practical exercises, and interactive discussions, participants will gain the essential tools and strategies to become dynamic, impactful trainers.

Course Objectives

- **Understand the Role and Responsibilities of a Trainer:** Learn about the role of trainers in training within a dynamic learning environment and acquire the competencies required for effective facilitation.
- **Explore the Latest Trends in Training Facilitation:** Stay updated with the latest trends in TOT training of trainers, including new methodologies and best practices.
- **Apply Adult Learning Principles:** Utilize learner-centered approaches and adult learning principles to engage and motivate diverse participants.
- **Develop Effective Training Materials:** Master the art of creating training materials and resources that optimize learning outcomes.
- **Use Innovative Training Techniques:** Leverage cutting-edge training technologies to enhance participant engagement and learning retention.
- **Cultivate Strong Communication and Presentation Skills:** Hone communication skills to deliver powerful and impactful training sessions.
- **Manage Challenging Training Situations:** Learn to adapt your approach to meet the needs of diverse learners and manage challenging training situations.
- **Create an Inclusive Learning Environment:** Foster a positive, inclusive atmosphere that encourages active participation and enhances learning experiences.
- **Evaluate Training Effectiveness:** Understand how to assess the success of your training programs and identify areas for improvement.

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A graphic of a chessboard with several chess pieces. A gold king piece is prominent in the foreground, with a silver pawn and a black pawn nearby. The board has a checkered pattern, and there are concentric circles in the background.

Course Outlines

Day 1: Introduction to Effective Training Facilitation

- Role and competencies of a trainer of trainers.
- Understanding adult learning principles and their application.
- Creating a positive learning environment.
- Setting clear learning objectives for the course.

Day 2: Designing Engaging Training Programs

- Conducting needs assessments and training gap analysis.
- Designing engaging and relevant training materials.
- Incorporating interactive training techniques to engage learners.
- Selecting the appropriate training methodologies based on the content and audience.

Day 3: Dynamic Presentation Skills

- Enhancing verbal and non-verbal communication for training delivery.
- Using visual aids effectively to support learning.
- Managing presentation anxiety and engaging the audience.
- Facilitating discussions and group activities to enhance participation.

Day 4: Leveraging Technology for Training Success

- Incorporating e-learning and blended learning approaches to reach wider audiences.
- Utilizing multimedia tools and platforms to enhance interactivity.
- Exploring gamification and other interactive technologies.
- Strategies for successful virtual and remote training delivery.

Day 5: Empowering Participants and Continuous Improvement

- Active learning techniques and strategies for continuous engagement.
- Addressing and overcoming challenging training situations.
- Utilizing evaluation and feedback mechanisms to assess the effectiveness of training.
- Creating a personal development plan as a trainer of trainers.

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A graphic illustration of a chessboard with several chess pieces. A large gold king piece is prominent in the foreground, with a silver pawn and a gold pawn nearby. The board is checkered, and there are concentric circles in the background.

Why Attend this Course: Wins & Losses!

- Obtain a Trainer of Trainers Certification, enhancing your credibility and opening new career opportunities in training.
- Gain a deep understanding of what is training of trainers and the critical role of trainers in training environments.
- Develop skills using the latest techniques and methods from TOT training to improve training effectiveness.
- Build strong confidence in handling challenging situations and delivering inspiring learning experiences.

Conclusion

The Training of Trainers TOT course is designed to help you master essential facilitation skills and deliver impactful learning experiences. Whether you're conducting in-person or virtual training, this course will provide you with the necessary strategies, tools, and confidence to excel. Upon completion, you'll receive a Trainer of Trainers Certification, solidifying your expertise in TOT training of trainers and opening new doors in the professional training field.

A graphic of a chessboard with several pawns. A large gold king piece is in the foreground, with a silver pawn and a black pawn behind it. The board is checkered and has a subtle grid pattern.

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