

Advanced Preparation for Project Management Professional (PMP) Certification

11 – 15 October 2026
Cape Town (South Africa)

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Introduction

Achieving the Project Management Professional PMP certification is a significant milestone for professionals aiming to excel in project management. This intensive 5-day PMP Exam Preparation course is designed to provide participants with the knowledge, strategies, and confidence required to pass the PMP exam.

The course combines theory and practice, offering insights into the five process groups and the ten knowledge areas defined in the PMBOK® Guide. Participants will benefit from exam simulations, real-world examples, and proven techniques delivered by certified instructors. Successful completion grants 35 PDUs, fulfilling the eligibility requirement for the PMP exam.

Course Objectives

By the end of this course, participants will be able to:

- Understand PMP exam requirements and application procedures.
- Explain key project management concepts and relationships between portfolios, programs, and projects.
- Analyze how processes and activities integrate across the project lifecycle.
- Apply techniques for managing scope, schedule, cost, and quality.
- Develop comprehensive approaches to risk, communications, procurement, and stakeholder management.
- Strengthen leadership and team management skills for effective project execution.
- Prepare for the PMP exam using practice questions, simulations, and refined test-taking strategies.

Course Outlines

Day 1: PMP Essentials & Exam Foundation

- Introduction to PMI and the PMP credential.
- PMP application process and eligibility.
- Exam format, question styles, and strategies.
- Overview of the PMBOK® Guide.
- Core concepts: portfolios, programs, projects.
- Roles of the project manager in various organizational structures.

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A graphic of a chessboard with several chess pieces. A large gold king piece is in the foreground, with a silver pawn and a silver knight behind it. The board is checkered, and there are concentric circles in the background.

Day 2: Integration & Scope Management

- Developing and managing the project charter.
- Building and maintaining the project management plan.
- Monitoring project work and integrated change control.
- Project closure processes.
- Planning and defining scope.
- Creating the Work Breakdown Structure WBS.
- Validating and controlling project scope.

Day 3: Schedule, Cost & Quality Management

- Defining activities and sequencing tasks.
- Estimating activity durations and resources.
- Developing and controlling the project schedule.
- Planning project costs and managing budgets.
- Monitoring and controlling expenditures.
- Planning quality and defining standards.
- Quality assurance and quality control techniques.

Day 4: Resource, Communication & Stakeholder Management

- Resource planning, acquisition, and optimization.
- Team development, performance management, and conflict resolution.
- Communication planning and information distribution.
- Managing stakeholder engagement and expectations.
- Monitoring stakeholder involvement for project success.

Day 5: Risk, Procurement & Exam Readiness

- Identifying and categorizing project risks.
- Performing qualitative and quantitative risk analysis.
- Developing risk response strategies and monitoring risks.
- Planning and conducting procurement processes.
- Managing contracts and vendor relationships.
- Reviewing stakeholder strategies in procurement contexts.
- Comprehensive exam simulation and practice session.
- Final review, exam strategies, and key success tips.

Why Attend This Course: Wins & Losses!

- Gain full mastery of PMP exam domains and knowledge areas.
- Access proven strategies, tips, and test simulations for higher success rates.
- Learn from certified professionals with real-world project experience.
- Earn the required 35 PDUs to apply for the PMP exam.
- Strengthen your career profile and unlock advanced leadership opportunities.

Conclusion

The PMP Exam Preparation Course offers a comprehensive, structured pathway to success in one of the most prestigious certifications in project management. In just five days, you will cover all essential process groups, knowledge areas, and exam-focused strategies, equipping you with both the technical knowledge and the confidence to excel.

Whether your goal is to advance your career, enhance your skills, or validate your expertise, this program ensures you are fully prepared to achieve PMP certification and stand out as a project management professional.

A graphic of a chessboard with several chess pieces (a king, a queen, and a pawn) on it, set against a background of concentric circles.

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