

Uninterruptible Power Supply (UPS)

30 May – 3 June 2027
Manama (Bahrain)

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Introduction

An uninterruptible power supply UPS is one of the most essential power protection systems used in modern facilities. It ensures that critical equipment continues to operate even during unexpected power outages, voltage fluctuations, or disturbances in the electrical grid. When people ask what is an uninterruptible power supply?, the answer extends far beyond “a backup battery.” A UPS is a sophisticated and integrated protection system that delivers continuous power, stabilizes voltage, and shields sensitive equipment from harmful interruptions.

This comprehensive training course provides a deep understanding of the meaning of an uninterruptible power supply, its components, and how it functions as a cornerstone of electrical protection in various industries. Participants will explore the different types of uninterruptible power supply systems, the advantages of continuous power supply, and the key considerations involved in choosing the best UPS solution for specific operational needs. The course also highlights the role of UPS units in ensuring reliable performance for critical emergency power supply systems, data centers, hospitals, industrial plants, and other sensitive environments.

Through a blend of theory, technical concepts, practical insights, and real-world examples, participants will learn how UPS systems address power quality challenges, prevent equipment damage, and maintain operational stability. Additionally, the course covers battery technologies, construction methods, system monitoring techniques, and maintenance requirements—all crucial for ensuring long-term system reliability.

The training also explores advanced systems such as Diesel Rotary Uninterruptible Power Supply DRUPS, which combine mechanical and electrical energy storage to deliver one of the highest levels of power continuity available. By mastering UPS technologies and uninterruptible power supply solutions, participants will build the skills necessary to operate, troubleshoot, maintain, and select the optimal UPS configuration for their specific applications.

Course Objectives

By the end of the course, participants will be able to:

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A graphic of a chessboard with several chess pieces (a king, a queen, a rook, and a knight) positioned on it. The board is white and black, and the pieces are gold and silver. The graphic is located in the bottom right corner of the page.

- Clearly define what an uninterruptible power supply is, its core functions, and why it is essential for protecting critical loads.
- Identify and differentiate between various types of uninterruptible power supply systems and understand the appropriate applications for each type.
- Explain the benefits of an uninterruptible power supply, including voltage stabilization, surge protection, and continuous operation.
- Understand battery construction, battery system maintenance, and the factors affecting battery life in UPS operations.
- Recognize key UPS components, including rectifiers, inverters, filters, static switches, and control units.
- Develop the ability to troubleshoot UPS systems, interpret alarms, and diagnose operational issues.
- Learn how to choose an uninterruptible power supply based on power rating, load type, redundancy needs, and system efficiency.
- Build competence in selecting, installing, and maintaining reliable emergency power supply solutions for critical environments.

Course Outlines

Day 1: Fundamentals of Uninterruptible Power Supply Training UPS training course

The first day introduces participants to the foundational principles of UPS systems and their role in achieving resilient electrical design. This module answers fundamental questions such as what is the meaning of an uninterruptible power supply? and why it is a crucial component in modern infrastructure.

- Introduction to UPS systems and resilient design principles: Understanding how UPS systems support continuous operation and preserve equipment integrity.
- Comparison between single-input and double-input UPS systems: Highlighting how input configurations influence reliability and redundancy.
- Benefits of installing a UPS to resolve power quality issues: Covering disturbances such as sags, surges, harmonics, frequency variations, and switching transients.
- Simplified UPS design strategies and comparison with standby generators: Exploring when a generator is sufficient and when a UPS becomes indispensable.
- Overview of data center power solutions: Understanding how large facilities integrate UPS systems into multi-layered power protection architectures.

Day 2: Battery Technologies and Chargers

Battery systems form the core of any UPS, ensuring power continuity during disturbances. This day provides a detailed exploration of battery technologies and maintenance requirements.

- Overview of battery technologies: Understanding the differences between lead-acid, sealed batteries, valve-regulated batteries, and nickel-cadmium technology.
- Construction, features, and maintenance: Learning about battery chemistry, charging cycles, discharge characteristics, and lifespan.
- Automated battery monitoring systems: Techniques for early failure detection and health monitoring.
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Types and construction of battery chargers: Understanding float charging, boost charging, and the impact of charger performance on overall UPS efficiency.

Day 3: Characteristics and Functions of UPS Systems

Day three focuses on system architecture, operating principles, and functional characteristics.

- Differences between online and offline UPS systems: Examining double-conversion systems versus standby systems, and the benefits of each.
- Key components and functions of UPS filters: Understanding how filters protect equipment from harmonics, noise, and electrical disturbances.
- Overview of double conversion UPS systems: How these systems deliver the highest stability and isolation from grid issues.
- Transformer-based vs. transformer-less UPS systems: Evaluating trade-offs in efficiency, size, cost, and performance.
- Understanding parallel systems and redundancy: Exploring N+1, N+2, and distributed redundancy designs to improve reliability.

Day 4: Diesel Rotary Uninterruptible Power Systems DRUPS

This module covers one of the most advanced forms of continuous power technology.

- Introduction to Diesel Rotary Uninterruptible Power Systems DRUPS: Understanding how these hybrid systems combine mechanical inertia with diesel generation.
- Construction, features, and functionality: Learning how flywheels, generators, and power electronics integrate to deliver seamless power.
- Types and characteristics of DRUPS: Differences in mechanical design, cooling systems, and load-handling capacity.
- Advantages and challenges of using DRUPS in critical applications: Evaluating reliability, cost, maintenance needs, and ideal use cases.

Day 5: Installation, Applications, Protection, and Maintenance

The final day focuses on practical implementation, safety, protective measures, and long-term system performance.

- Safety protocols for installing and maintaining UPS systems: Ensuring safe handling of electrical components and high-capacity battery banks.
- Best practices for battery maintenance and system protection: Techniques to maximize battery life and system durability.
- Troubleshooting common issues in backup power supplies: Identifying alarms, operational failures, overload conditions, and inverter issues.
- Condition monitoring and diagnostics: Using modern tools to track system health and predict failures before they occur.
- Real-world case studies and system selection criteria: Understanding how to pick the best UPS based on load type, energy demands, reliability expectations, and lifecycle cost.

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Why Attend this Course: Wins & Losses

- Gain a complete understanding of how UPS systems work and why they are essential for maintaining uninterrupted operations.
- Learn how to evaluate and select the best uninterruptible power supply for any environment.
- Develop hands-on skills to maintain, monitor, and troubleshoot continuous power systems.
- Understand how UPS units improve power quality and prevent costly downtime.
- Enhance operational efficiency and protect critical assets from unexpected electrical failures.
- Build confidence in designing and implementing reliable emergency power infrastructure.

Conclusion

In an era where the continuity of electrical power is directly tied to the continuity of operations, mastering the principles of UPS systems has become a necessity rather than an option. This course empowers participants with the knowledge and practical skills required to implement reliable uninterruptible power supply solutions, ensuring that operations remain stable even under the most challenging electrical conditions.

Join us to gain expertise in continuous power protection, emergency power systems, and advanced UPS technologies—preparing your organization to face any power-related disruption with confidence.

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