

NEBOSH IGC2 Training Course

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Introduction

The Risk Assessment - Practical Application program is designed to equip participants with the hands-on skills needed to identify workplace hazards, evaluate risks, and recommend effective control measures in line with recognized health and safety best practices.

This intensive five-day course focuses on real workplace application rather than theory alone. Participants learn how to conduct structured workplace inspections, recognize unsafe acts and conditions, and develop a clear, suitable, and sufficient risk assessment that meets professional assessment requirements.

Through guided exercises, practical examples, and structured support, the course prepares participants to confidently complete and submit a high-quality risk assessment while strengthening their overall health and safety competence.

Course Objectives

By the end of this course, participants will be able to:

- Understand the purpose and importance of workplace risk assessment.
- Identify a wide range of workplace hazards, including physical, health, fire, and equipment-related risks.
- Assess risks using a systematic and structured approach.
- Apply the hierarchy of controls to reduce risks effectively.
- Recommend practical, realistic, and achievable control measures.
- Produce a well-structured, professional risk assessment ready for submission.

Course Outlines

Day 1: Introduction to Risk Assessment and Hazard Identification

- Purpose and significance of workplace risk assessment.
- Assessment requirements and evaluation criteria.
- Types of workplace hazards and how they arise.
- Identifying unsafe acts and unsafe conditions.
- Planning and conducting effective workplace inspections.

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A graphic of a chessboard with several chess pieces (a king, a queen, a rook, and a pawn) positioned on it. The board is checkered in white and grey, and the pieces are gold and silver. The text 'UK Training PARTNER' is overlaid on the board.

Day 2: Workplace Health and Safety Hazards

- Slips, trips, and falls.
- Working at height hazards and preventive measures.
- Manual handling and ergonomic risks.
- Noise, vibration, and radiation exposure.
- Stress, fatigue, and psychological health risks.

Day 3: Fire, Electrical, and Work Equipment Hazards

- Fire hazards and fire risk control measures.
- Emergency routes, alarms, and evacuation planning.
- Electrical hazards and safe working practices.
- Machinery and equipment-related risks.
- Safe use of tools, guarding systems, and isolation procedures.

Day 4: Risk Evaluation and Control Measures

- Evaluating risk likelihood and potential severity.
- Applying the hierarchy of control in practical scenarios.
- Developing effective and realistic control measures.
- Safe systems of work and permit-to-work principles.
- Recording findings and prioritizing corrective actions.

Day 5: Completing the Risk Assessment and Submission Preparation

- Structuring a professional and compliant risk assessment.
- Writing clear hazard descriptions and control recommendations.
- Common mistakes and how to avoid them.
- Reviewing sample assessments and evaluator expectations.
- Final guidance on completing and submitting the assessment.
- Open discussion and course wrap-up.

Why Attend This Course: Wins & Losses!

- Practical, hands-on experience in workplace risk assessment.
- Clear understanding of assessment expectations and evaluation standards.
- Strong skills in identifying commonly overlooked hazards.
- Confidence in applying the hierarchy of controls effectively.
- Improved competence in conducting workplace inspections.
- Enhanced professional credibility in health and safety roles.

A graphic of a chessboard with several chess pieces (a king, a queen, and a pawn) on it, set against a background of concentric circles.

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Conclusion

The Risk Assessment - Practical Application course provides a strong foundation for professionals seeking to build real, practical competence in workplace health and safety. Over five structured days, participants develop the skills required to identify hazards accurately, evaluate risks confidently, and recommend effective control measures that make a genuine difference in real work environments.

More than a training program, this course empowers participants to contribute meaningfully to safer, healthier, and more resilient workplaces—equipping them with the confidence, clarity, and professional capability to apply risk assessment principles with precision and impact.

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